

LIVING WITH THE TORAH

KIBBUD AV VA'EM HONORING OUR PARENTS



It is a Mitzvah to respect and honor our parents, to show them love and support.



IT'S IN THE TORAH

EXODUS 20

12. Honor your father and your mother, in order that your days be lengthened on the land that the Lord, your God, is giving you.

כְּבֹד אֶת אָבִיךָ וְאֶת אִמְךָ וְאֵת אֲמֵן לְמַעַן יָאָרְכוּן
יָמֶיךָ עַל הָאֲדָמָה אֲשֶׁר ה' אֱלֹהֶיךָ נֹתֵן לָךְ.

A parent is one of the most important people in a person's life. Who doesn't love their Mom and Dad?

But who hasn't gotten frustrated or annoyed by the things they were told to do, or are not allowed to do?

Our parents are the ones who make sure we grow up to be good people.
Our parents give us all the things our bodies need - food, clothing, shelter, warmth.

The Torah teaches us that we must respect and honor our parents.
The Mitzvot in the Torah make sure that we show our parents respect and appreciation, EVEN when we don't feel like it.
The Halachot of honoring one's parents help us be the children that we should be. That we want to be (most of the time).

People who help us become better people are like parents.
Just as our parents help us grow up to be good people, our teachers do too!
And the Torah teaches that just as we are to respect and honor our parents, we should respect and honor our teachers too!
Even if they teach you just one little thing, you should respect and honor your teachers.

There are some more people that deserve the respect of parents.
After all, where would our parents be without *their* parents?!

Have you guessed yet?

Our grandparents, too, must be given the highest degree of respect, the same as the respect that we give to our parents.

LEARN IT. LOVE IT. LIVE IT.

HONOR YOUR PARENTS

Hashem created the world so that children are born from parents.

Just for the fact that our parents gave birth to us, the **Torah** teaches that we must honor them.

•Honoring parents is so important that it is one of the Aseret Hadibrot (10 Commandments)

Our parents give us so much!

We get our talents, looks, and abilities from our parents.

Our parents love us, protect us, provide us with a home.

They give us a place to sleep, food to eat, clothing to wear and toys and games to play with.

They help us get to school in the morning, and help make sure we do as well as we can in school.

They give us time and more time!

•Parents helped us come into the world, and they help us be the best people we can be!

Our parents give us what humans can give— our talents, looks and abilities.

Hashem gives us our **Neshama**, our soul.

•Hashem and parents are partners in giving us life.

Hashem created the world so we children learn so much from our parents.

We learn how to talk, how to put on our clothing, and table manners—from our parents.

We learn healthy attitudes and ways of thinking—from our parents.

•We learn so much from our parents.

Hashem gives us opportunities and circumstances, as only **Hashem** can.

Hashem places us in our family, and our family in this city,

So that we will have these friends, these happy times, and these challenges.

So that we will learn and have these experiences as we grow up.

Hashem and our parents—what a team in helping us grow up!

When we treat our parents with honor and respect and care,

We are also respecting and honoring their partner in our life—Hashem.

•By honoring our parents, we show honor to Hashem.

SO...What can you do to show your parents (and Hashem) respect? What can you do to show your parents Hakarat Hatov (gratitude)?

WORDS TO KNOW

NESHAMA נשמה (Ne shama) A part of Hashem that Hashem places within every Jew that gives each Jew life. It is the soul and spirit of a person.



THINK IT WRITE IT

BUILDING STRONG RELATIONSHIPS WITH MY PARENTS

TO DO

NOT TO DO



Signature X _____

Date: ___/___/___