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TheWrestling Rabbi

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ed by Shimon Aron & Devorah Leah Rosenfeld & Family In loving memory of Emil W. Herman ארי מנחם זאב בן פנחס זייל who loved and supported Torah learning.

Re'eiTheWrestling Rabbi

In the 1950s, a new Jewish star appeared on the American scene. Hecame from Viennaby way of the young State of Israel. The newspapers called him "the Wrestlin'Rabbi." His name was Rafael Halperin.

Rafael Halperin had been born in Viennain 1924. When he was seven years old, he was walking down the street and wasasked by a stranger if he's Jewish. When he answered in the affirmative, the stranger called him a "dirty Jew" and gave him a good slap in the face.

Little Rafael came home crying and swore to himself that he would neveragain let anyone hit him because he was Jewish.

That same boy made aliyah to the Holy Landwith his family in the 1930s.

When he was around 20, he felt he was wasting his life. So he askedhimself what he was going to contribute to the Jewish People. At that time, amagazine on health, fitness, sports and body building fell into his hands, andRafael Halperin decided that he was going to train as a wrestler. And so a newchapter began in his life.

Rafael became very successful as a wrestler in pre- andpost-independence Israel andEurope, and in 1950, he decided to go to the United States and prove his talentthere.

Now picture the scene: It's just a few years after the Holocaust, the Jewish Nation is bruised, wounded and downtrodden, and suddenly, thereappears from Israela young wrestler who succeeds in defeating famous wrestlers—for a lot ofpeople, it was simply a miracle: they felt that here had come someone to raisethe pride of the Jewish Nation. Finally there was a Jew who also had themuscle to stand up to others.

In those years, Halperin fought in staged matches in what would latercome to be known as the World Wrestling Federation (WWF) run by Vince McMahon,Sr. In those matches, it would be decided beforehand who would win. It wasnot real wrestling but, as it's called today, sports entertainment.

So Rafael Halperin participated in simulated matches in which heembodied the Jewish warrior, and in these matches, he always won. (Some saythat one of the reasons he always won was because he refused to listen to themanagers and fake a loss.)

And so he went from town to town across the U.S. Jews could not containthemselves at the sight of the Jewish lad with the Star of David on his boxingshorts "defeating" all those mighty wrestlers. And so RafaelHalperin traveled from coast to coast.

Now when this young phenomenon first visited the United States, hemerited a private audience with Rabbi Joseph Schneersohn, the sixth LubavitcherRebbe, who had come to Brooklyn from Europe just after WWII broke out.

The Rebbe told him that he was bringing a "Kiddush Hashem,"or "Sanctification of G-d's Name" (in plain English, anythingthat enhances the reputation of Jews and Judaism), to America.

The Rebbe then added: "You're not just roaming around theworld—Heaven has an eye on you." And indeed, in all the years thathe fought, he always kept Shabbos, ate kosher and so on, and thus caused amighty Kiddush Hashem in that a young man who kept the mitzvos could alsosucceed in the world.

After "conquering" the United States, Rafael Halperin traveled to South Africa, where the Jewish community threw areception for him attended by the Chief Rabbi and South Africa's wealthiest Jews. But at the reception, someone came up to him and said: "Listen here. I'vegot a personal zoo. If you are really as bold as you say you are, would youalso be prepared to literally enter a lion's den?"

To the man's surprise, Rafael Halperin answered, "Whynot?" So the man asked him again, "Are you really ready to go into acage together with lions?" Halperin said yes.

Now we have to backtrack here and point out that Mr. Halperin here wasnot suicidal and about to throw away his life for no good reason. Even in the famousTanach story of the prophet Daniel in the lion's den, Daniel didn'tleap into the den willingly. Rather, he was thrown in by force.

So in Rafael Halperin's case, there were other circumstancestoo. The zoo owner had a group of men stand around the outside of the cagewith tranquilizer guns so that at the minute anything started going wrong,they'd immediately knock out the lions. But still, I don't knowtoo many people who are ready to jump into a lion's den, even if thereare safety measures outside.

So Rafael made a deal with the zoo owner that if he couldn't stayin the cage for five minutes, he would have to pay him 100 pound sterling. Butif he pulled off the stunt, he would get a live lion cub as a gift.

On the appointed day, a crowd gathered to witness the spectacle. Rafael Halperin showed up carrying a sturdy stick in his hand. The cage doorwas opened and he entered.

The very moment he entered, the lion and lioness got up from theircrouch, but Halperin stood quietly and very calmly, not moving. Slowly butsurely, the lions calmed down and lay back down.

Then Rafael Halperin fixed them with a strong gaze. He later explained that when a human stares at an animal, he projects strength, which dominates the animal—and that's exactly what he did.

And so, while he was still staring strongly at both animals, he beganmoving toward the lioness, bit by bit and step by step. Finally, he picked uphis stick and poked the lioness in the nose. The lioness lifted one paw to wipeher nose, but didn't move.

Rafael then slowly backed away from the lioness without letting hiseyes down for a minute. He then approached the lion. Step after step, and allwhile staring intently at him, he poked the stick right into the lion'sface.

The lion, however, was a bit more prepared—and he gave the sticka good swipe that sent it almost flying out of Rafael's hand.

At that point, Rafael began slowly backing away. At the same time, heheard them say, "Your time is up!" He walked slowly backwards to the gate—and at the last minute, just as the gate was opened and hestepped out, the two lions jumped at him. He escaped their teeth at the lastsecond.

Later in life, he decided to learn martial arts. He traveled to Japan to studykarate under the biggest experts. Once he was there, he would train for 12hours a day. Eventually he got to the highest level in the particular form of martial arts that he studied.

But then, something happened to him that changed his life.

He traveled to India, where he visited a Buddhist monastery. There, he saw how a Buddhist monk justsat in one place and didn't move. He didn't even notice when Rafael had entered the room. After a few minutes, he realized that the monkwas so concentrated on his idol worship that he had no perception of whateverwas happening around him.

At that moment, Rafael Halperin said to himself: "If this monkcould be so concentrated on his false gods, how can I, who has a living G-d,not devote my entire existence to Him?" At that moment a resolutionformed in his heart to leave it all behind and dedicate his life to G-d and theJewish Nation.

So Rafael Halperin went back to Israel, studied a lot of Torah, anddedicated his life to serving others. If someone's house burned down, hewould help him rebuild it and help him get new furniture, etc. During the YomKippur War, he went around military bases organizing martial arts shows for thesoldiers to boost their morale. He would break dozens of bricks with karateblows. He also opened fitness centers where young Israelis could train and getstrong so that they could stand against all their enemies. Rafael Halperin passed away in August of 2011.

In a newspaper interview several years ago, Mr. Halperin was askedwhether there was anything he did in his life that he regretted. And he answeredno: He said that throughout his life, he felt and he saw how G-d was constantlyleading him.

And that, of course, brings us to this week's Parshah.

This week's Torah portion is Re'ei—a Hebrew actionverb for "see."

Two weeks ago, we read the famous passage of "ShemaYisrael," "Hear O Israel." This time, however, G-d says tous, "See!"

And, of course, there is a huge difference between hearing and seeing. When a person hears something, he's not sure about it. For example, if aperson hears the sound of a small plane flying overhead, he figures it's plane. But if he's told that the sound really came from a radioblasting static or a buzzing noise, then he wouldn't be so sure. However, if he saw the plane with his own eyes, it wouldn't make adifference how much someone tried to disprove that the noise came from theplane—he would not succeed in getting him to change his mind, since heactually saw it with his very eyes.

And it's the same thing with faith in G-d too.

We all "heard" about G-d. Our parents may have taught usthat there is a Creator to the universe. But that's in the category of "hearing"; we "heard" about it. But the goal is thatin the course of one's life, one's faith in G-d should evolve from "hearing" to "seeing."

It's like when a person tries to explain something to his friendand says to him, "You see what I'm saying?" The personobviously doesn't mean that his friend should see those words with hisphysical eyes. It's just an expression that means that the subject hasbeen made clear enough that they can be seen with the eyes of the mind. So toomust a Jew try to get to the level of sight when it comes to faith inG-d—that he should "see" with the mind's eyes G-d'sHand, in everywhere he goes and everything that he does.

One of the ways to get to this level is for a person to contemplate hislife story over all the years that have passed, from when he was a young personto this very day. In doing so, he will discover how much G-d guided him along, step by step, getting him out of all sorts of unpleasant situations.

He then will be able to "see" the Hand of G-d.

He will not need to rely on faith in G-d but rather, he will simply"see" G-d's Divine Providence—and he will open a muchdeeper relationship with G-d.